



# AAPS NEWSLETTER

March, 2007

## OFFICERS

### President

James W. May, Jr., M.D.  
*Boston, Massachusetts*

### President-Elect

Susan E. Mackinnon, M.D.  
*St. Louis, Missouri*

### Vice President

Raymond F. Morgan, M.D.  
*Charlottesville, Virginia*

### Treasurer

Lawrence L. Ketch, M.D.  
*Denver, Colorado*

### Historian

Stephen Ariyan, M.D.  
*New Haven, Connecticut*

### Secretary

Stephen J. Mathes, M.D.  
*San Francisco, California*

### Past President

Paul N. Manson, M.D.  
*Baltimore, Maryland*

## TRUSTEES

Dale A. Birdsell, M.D.  
*Calgary, Alberta, Canada*

Joseph S. Gruss, M.D.  
*Seattle, Washington*

Bahman Guyuron, M.D.  
*Lyndhurst, Ohio*

William M. Kuzon, Jr., M.D.  
*Ann Arbor, Michigan*

W. Thomas Lawrence, M.D.  
*Kansas City, Kansas*

### Administrative Office

900 Cummings Center  
Suite 221-U  
Beverly, MA 01915  
(978) 927-8330  
(978) 524-8890 / Fax  
www.aaps1921.org

## President's Message

Dear Fellow Members of the  
American Association of Plastic Surgeons:

I hope that all is well and you have had a pleasant holiday and busy New Year. On behalf of all of the members of the Board and our staff at the Association, I am eager to welcome you and your spouse to the 86<sup>th</sup> Meeting of the American Association of Plastic Surgeons to be held in Coeur d'Alene, Idaho from May 19-22, 2007.

As you know, under the leadership of Dr. Bahman Guyuron, our Association is sponsoring a 1-1/2 day aesthetic symposium, "In-Depth with the Masters" from May 19-20, 2007, preceding the formal Association meeting, which will be held from May 21-22, 2007.

On Saturday evening, May 19<sup>th</sup>, there will be a reception

*(continued on page 6)*



James W. May, Jr., M.D.

## AAPS 2007 Annual Meeting Heads to The Coeur d' Alene Resort in Idaho from May 19-22

The Local Host Committee, in conjunction with the AAPS Directors, have prepared a great meeting for the Coeur D'Alene venue. The beautiful Pacific Northwest is home to some of the most picturesque locations in the United States. Coeur D'Alene is a post card resort town of 40,000 people, located at the north end of a lovely lake. Many lake activities are available to meeting attendees. The venues for the Tennis Tournament and Fun Run are on the lake front property of the Resort.

The Golf Tournament will be held on the Resort course, rated one of the top 50 resort courses in the country. The course includes an island green which is accessed by boat.



Make sure your shot to the green is straight and true. The President's Banquet will be held in the Coeur D'Alene Resort Hotel with music provided by one of the top regional bands from Seattle. The town of Coeur D'Alene is connected to the Spokane airport by 30 miles of direct interstate highway. Shopping, touring and many indoor and outdoor activities are available in the local environs for people of varied ages and interests. Spokane has a more urban flare and is home to two universities and a variety of cultural activities. All will enjoy and appreciate Coeur D'Alene!

W. Bradford Rockwell, M.D.

Additional details on the 2007 Annual Meeting appear inside!

## Strategic Planning Committee Update from the November Retreat

Joseph M. Rosen, M.D.

The Strategic Planning Committee held a one day retreat in Phoenix, Arizona, on November 7, 2006. The goal of the retreat was to assess our members' input, as represented in the three surveys that were performed in 2005 and 2006. The retreat also addressed some critical issues in regards to the future of our specialty. We discussed how to increase the number of academic centers that currently have plastic surgery training programs, how to effectively archive our field of plastic surgery using digital technologies, and how to improve the education of our residents using new and old methodologies. We also discussed how to implement changes suggested in the surveys and by the retreat participants. All participants were encouraged to share their views, which were then recorded and will be included in our full report.

The retreat discussions revealed grand challenges that involve two broad areas. The first area involves propelling our field into the information age and taking advantage of the digital revolution. Although this will require our members to adapt, it will bestow a host of advantages in the plastic surgery clinical, teaching and research areas. The second area involves shifting the focus of our Association from that of an honor society, to an honor society with a specific mission, supported by incorporated mechanisms and processes for improvement in our field.

As such, we could continue promoting the best and most innovative minds in our field through various programs, retreats, and reports. This would resemble how the National Academy of Sciences operates and would transform our Association from a passive to a more dynamic operation. Accordingly, significant changes are necessary in our Operations Manual, and in our annual meeting schedule-opting to host meetings by special committees to address specific areas of concern and crises, instead. The details of these directed meetings would result in actionable reports that include specific methodologies and financial support mechanisms.

Finally, the retreat also considered important changes that have impacted our specialty in recent years. The Strategic Planning Committee's mission, as specifically described in

the Operations Manual, is to provide recommendations for responding to changes impacting the practice of plastic surgery. One of these changes has been the exodus of highly qualified teachers and leaders from the academic centers to private practice settings. This has left a void in the types of faculty essential for our training programs.

The Strategic Planning Committee will provide a report listing a set of recommendations, derived from the retreat, to the Board and the President at least one month prior to the Spring 2007 meeting. The formal report will be presented at the May 2007 meeting. In some cases our recommendations require a critical assessment by the President and Board to determine if they should become permanent components of the Operations Manual. Other cases may involve issues to be briefly discussed during the Spring 2007 meeting to decide if they need further review. The committee will continue to meet on a monthly basis through the winter to prepare the report and recommendations.

We all agree that the Association represents the best in our field and the membership includes the leaders in our field. We also agree that our field is undergoing monumental changes as we enter further into the 21<sup>st</sup> century. As we celebrate our 85<sup>th</sup> birthday and envision our 90<sup>th</sup> and 100<sup>th</sup> birthdays, our committee believes that we will need a broad and vital strategy to assure our success in the future.

***...our field is undergoing monumental changes as we enter further into the 21<sup>st</sup> century. As we celebrate our 85<sup>th</sup> birthday and envision our 90<sup>th</sup> and 100<sup>th</sup> birthdays, our committee believes that we will need a broad and vital strategy to assure our success in the future.***

### A Tribute to Fran Harris (1937-2003)

Fran Harris, who for 20 years (1980 – 2000) was the Executive Secretary of the American Association of Plastic Surgeons, has expired from complications of lymphoma.

Fran was born in Moundsville West Virginia on June 28, 1937, the oldest of five children. She attended Gettysburg College. Her first job was at Johns Hopkins and she soon became the Executive Secretary to the Chief of Pediatrics. She then served as secretary to the attorney of Cardinal Shehan of the Archdiocese of Baltimore.

In the late 1970's she became executive assistant to the Chief of Plastic Surgery at Johns Hopkins, and soon was appointed the executive secretary of the American Association of Plastic Surgeons.

In 1986 she joined the medical department of CSX Transportation. Her achievements there were recognized by receipt of the CSX Award of Excellence, the highest honor given by the corporation.

This remarkable woman was known for her charm, intelligence, wit, grace and beauty, both inside and outside. She died in December 2003, after a long battle with cancer.

Those senior members of the Association are well aware of her many contributions and her service to this and other organizations. She is survived by her husband Keith Meiser and her son, Jeffrey Harris.

## ACADEMIC SCHOLAR ENDOWMENT COMMITTEE ACTIVITIES IN 2006

Bahman Guyuron, M.D., Chair

2006 was marked by several key accomplishments for the Academic Scholar Endowment Committee.

1. Dr. Mel Spira has agreed to donate funds to form the base of a full scholarship named in his honor. Several of the current committee members will be assisting in garnering additional funds to mature the corpus of this scholarship in an expedited manner, which will be formally awarded in a future year.
2. The KLS scholarship fund has been established and the first award will be given during the 2007 annual meeting. KLS has graciously agreed to 2 consecutive years of funding to support any research unrelated to their company's products.
3. Canfield Scientific has agreed to fund \$30,000 towards a joint AAPS/Canfield scholarship which will be awarded in 2007.

**Academic Scholar  
Endowment Committee**



Bahman Guyuron, M.D., Chair  
Alfonso Barrera, M.D.  
W. Thomas Lawrence, M.D.  
Hamid Massiha, MD, FACS  
G. Patrick Maxwell, M.D.  
Norman H Rappaport, M.D.  
R. Bruce Shack, M.D.  
S. Anthony Wolfe, M.D.

The Association is grateful to KLS and Canfield for their generous support, which will allow the Association to let its principal named scholar funds rest to achieve self-sufficient corpus.

### Where Do You Want to Go in 2010?

The Association is currently reviewing locations for the 2010 AAPS Annual Meeting and would like to know where you, the AAPS Members, would like to host our 89<sup>th</sup> Annual Meeting.

The 2008 meeting is scheduled from April 6-9 at the Fairmont Hotel in Boston. The 2009 meeting will be held from March 21-25 at the Westin Mission Hills, Rancho Mirage, California. Where to next? Please send your suggestions to: [aaps@prri.com](mailto:aaps@prri.com)

## Membership in AAPS

### AAPS MEMBERSHIP APPLICATIONS ARE NOW AVAILABLE ONLINE

[www.aaps1921.org](http://www.aaps1921.org)

The Membership process must still be initiated by an AAPS member, but can now be done online. To submit a candidate's name, an AAPS member must log onto the "Members Only" area. AAPS members are able to sponsor up to three candidates for membership by submitting the candidates' name, phone number and email address, and clicking "Notify Candidates." An email will automatically be sent to the candidate, along with an electronic membership application that must be completed and submitted online. Once the application has been submitted, the AAPS member sponsors will receive notification and a request to submit their letters of support for the applicant.

We are confident that this process will greatly simplify and streamline the submission of applications.

Questions regarding the process or the application should be directed to the AAPS offices.

### Encourage your colleagues to apply for AAPS Membership!

- ♦ AAPS membership is reserved for plastic surgeons that have distinguished themselves by their contributions and commitment to plastic surgery.
- ♦ AAPS members are expected to present and discuss papers and participate in the AAPS Annual Meeting.
- ♦ Members enjoy a lifetime of collegiality and professional interaction within this special community of plastic surgery's elite leadership.

**AAPS WILL ACCEPT COMPLETED APPLICATIONS  
RECEIVED BEFORE SEPTEMBER 1, 2007  
FOR 2008 ELECTIONS.**

**[www.aaps1921.org](http://www.aaps1921.org)**



**MONDAY, MAY 21, 2007**

**TUESDAY, MAY 22, 2007**

**Introduction of New Members**

Stephen J. Mathes, MD, Secretary

**James Barrett Brown Award**

Introduced by Raymond F. Morgan, MD

**Clinician of the Year**

Introduced by James W. May, Jr., MD

**Honorary and Distinguished Fellow Award**

Introduced by Paul N. Manson, MD, Chair  
Honors Committee

**Announcement of AAPS – Furnas Foundation**

**Academic Scholar**

W.P. Andrew Lee, MD, Chair  
Research and Education Committee

**Presentation of 2006 Leonard R. Rubin-  
AAPS Award Paper**

Introduced by: Susan E. Mackinnon, MD  
President-Elect

**Kiskadden Lecturer**

*Parting Words from a Surgeon General:  
Addressing Public Health Concerns*  
Richard Carmona, MD  
Moderator: James W. May, Jr., MD

**Presidential Address**

*“Gain Without Pain: The Dawn of Elective Surgery”*  
James W. May, Jr., MD  
Introduced by Robert Goldwyn, MD

**History of the Academic Scholar Program**

William M. Kuzon, MD

**Scientific Session I**

**Scientific Session II**

**Announcement of the John F. Constable  
International Traveling Fellowship**

Bryant A. Toth, MD and John D. Constable, MD

**Scientific Session III**

**Scientific Session IV**

**Introduction of EURAPS Officers**

**Presentation of EURAPS Award Paper**

*Reduction of Morbidity of Frontofacial Monobloc  
Advancement by Osteodistraktion*  
Eric Arnaud, MD Daniel Marchac, MD  
Dominique Renier, MD  
Hôpital Necker-Enfants Malades, Paris, France

**Peer Academic Scholar Presentation**

*Adipose Derived Stem Cell Osteogenesis for  
Reconstruction of the Pediatric Cranial Vault*  
Joseph E. Losee, MD  
Children’s Hospital of Pittsburgh

**Scientific Session V**

**Scientific Session VI**

**Scientific Session VII**

**Scientific Session VIII**

**Panel: Controversies in Breast Surgery**

Moderators: Scott L. Spear, MD  
Panelists: Howard N. Langstein, MD  
Maurice Y. Nahabedian, MD  
Joseph M. Serletti, MD  
Michael R. Zenn, MD

**The Preliminary Program, as well as  
Registration and Hotel Information is  
available on the AAPS website:  
[www.aaps1921.org](http://www.aaps1921.org)**

## Aesthetic Symposium: In-Depth With The Masters

May 19 - 20, 2007

Program Chair: Bahman Guyuron, MD

## Academic Plastic Surgery and Departments of Surgery : Is It Time for a Divorce?

Monday, May 21/ 1:30 p.m.

Moderator: Linda G. Phillips

### Educational Goals:

Due to symposia time constraints, the faculty members who have an enormous depth of knowledge on a topic are offered very limited time for their presentations. In this quintessential symposium, plastic surgery masters will speak in depth on the topic of their expertise. Each leader will be allocated sufficient time to discuss his philosophies and surgical techniques in detail. Additionally, there will be ample time allocated for questions and answers. The speakers will share their most recent thoughts pertaining to their assigned topic with the audience, complemented by a large number of patient examples. Inclusion of consecutive surgical results will be encouraged.

### Saturday, May 19, 2007

- 7:45 a.m. Announcements and Introduction
- 8:00 a.m. **Aesthetic Contouring of the Craniofacial Skeleton**  
Michael Yaremchuk, MD
- 9:00 a.m. **Forehead & Face Rejuvenation**  
Tim Marten, MD
- 10:00 a.m. Coffee Break
- 10:30 a.m. **Periorbital Rejuvenation**  
Glenn Jelks, MD
- 11:30 a.m. **Extended SMAS Face & Neck Rejuvenation**  
James Stuzin, MD
- 12:30 p.m. Lunch Break
- 1:30 p.m. **Volumetric Face & Neck Rejuvenation**  
William Little, MD
- 2:30 p.m. Coffee Break
- 3:00 p.m. **Breast Augmentation**  
John Tebbetts, MD
- 4:00 p.m. **Rhinoplasty, The Recent Thoughts**  
Bahman Guyuron, MD
- 5:00 p.m. Reception

### Sunday, May 20, 2007

- 8:00 a.m. **Fat Injection for Facial Rejuvenation**  
Sydney Coleman, MD
- 9:00 a.m. **Suction Lipectomy & Secondary Rhinoplasty**  
Rod Rohrich, MD
- 10:00 a.m. Coffee Break
- 10:30 a.m. **Breast Reduction and Mastopexy**  
Foad Nahai, MD
- 11:30 a.m. **Post-Bariatric Body Contouring**  
Al Aly, MD
- 12:30 p.m. Adjourn

\* Please Note: Registration is required for the Aesthetic Symposium

Although plastic surgery has multiple origins, it is commonly perceived as a subsidiary specialty of general surgery. As the two surgical disciplines have evolved, they have diverged. The clinical practice and basic science knowledge base has expanded explosively, and plastic surgery shares this body of knowledge and even procedures with many other surgical specialties. The ACGME and ABMS have recognized the growing independence of plastic surgery by accrediting integrated programs and certifying their graduates. An increasing number of academic units have sought and attained independent departmental status, splitting their division or section of plastic surgery from the departments of surgery. This panel will discuss the relative academic, financial, and governance issues of independent departmental status for academic plastic surgery.

### Departmental Status: Ensuring the Future of Plastic Surgery

W. Thomas Lawrence, MD

### Making the Academic Case for Departmental Status

John Persing, MD

### Proving the Value of Plastic Surgery to the Institution

Scott Spear, MD

### How to Accomplish Departmental Status: A 10-Step Approach

David L. Larson, MD

### Departmental Status: One Size Does Not Fit All

Thomas Stevenson, MD

### Specialty Divisions Becoming Departments: A Chair's Perspective

William Zamboni, MD

## SOCIAL PROGRAMS

### Aesthetic Symposium Reception

Saturday, May 19 , 5:00 pm – 6:00 pm

### Golf Tournament

Sunday, May 20 , 2:00 pm Shotgun Start

### Tennis Tournament

Sunday, May 20 , 2:00 pm

### 5k Fun Run

Sunday, May 20 , 2:00 pm

### Welcome Reception

Sunday, May 20 , 6:30 pm - 9:00 pm

### Poster Reception

Monday, May 21, 5:00 pm – 6:00 pm

### President's Reception & Banquet

Tuesday, May 22 , 7:00 pm – 11:00 pm

## President's Message

*(continued from page one)*

from 5:00 pm-6:00 pm at the Coeur d'Alene Resort (Exhibit Hall, Bay 3) for those attendees of the Aesthetic Symposium. On Sunday evening, a Welcome Reception for all Annual Meeting attendees will be held on a cruise of Lake Coeur d'Alene from 7:00-9:00 pm. The boats will begin loading at 6:30 pm from the Coeur d'Alene Resort dock. This event promises to be memorable.

The formal Business Meeting of the American Association of Plastic Surgeons will be held on Tuesday afternoon, May 22, 2007 from 12:00 noon to 1:30 pm. The Presidential Reception and Banquet (black tie preferred) will be held on Tuesday evening from 7:00 pm to 12:00. Featured at the Dinner Dance will be the unforgettable "GoldRush", a remarkable band that specializes in oldies but "goldies." I know we will have a terrific evening.

Our Local Arrangements Chair, Dr. Brad Rockwell, encourages your participation in the athletic activities being held on Sunday afternoon, May 20<sup>th</sup>, including the Fun Run, Golf Tournament at the Coeur d'Alene World Class Resort, and the Tennis Tournament. By popular demand, Barry Bishop has been recruited again to hand out the awards for the scholar athletes at the Dinner Dance.

Dr. Nick Vedder, Chair, and the Program Committee have put together an outstanding scientific program, which established a new precedent of accepting only 14% of the abstracts submitted for consideration.

New this year, the Association is hosting a Resident Poster Session and Reception, in the spirit of inclusiveness and to encourage our best and brightest residents to present their finest work along with the outstanding work presented by their senior plastic surgeon colleagues. Residents will be able to present their own work provided that the senior author of the paper will be available for discussion. In addition, formal discussants are being assigned to each paper with a one-minute time limit to "get the ball rolling." Since the time allotted has been shortened this year, there will be additional time for discussion from the floor, which promises to be one of the highlights of the meeting.

The Academic Chairs of Plastic Surgery panel will provide a lively discussion related to division versus departmental status, which promises to be thought-provoking and discussion-stimulating.

Each committee chair has been encouraged to add their committee's information to the AAPS newsletter. Thus, under each appropriate topic you will find important information related to the activity of each AAPS committee.

The Association has taken a primary interest in the overall archival process within our specialty of plastic surgery. Dr. Stephen Ariyan and I will represent the Association at a symposium hosted by the ASPS in San Diego from March 8-9, 2007. Steve, as our historian, along with significant Board input, has developed a proposal for archival activities, which will be presented in a preliminary format. I am hopeful that by our May Business Meeting, we will be able to report our progress to the membership.

As always, the Nominating Committee is eager to obtain information from the membership regarding those individuals who will be considered for leadership positions within the Association. Under the authorship of Dr. Bob Ruberg, the following criteria (which are included in our Operations Manual) are among important factors which leadership positions should be considered by the Nominating Committee. These include:

1. Member in good standing of the AAPS
  2. Ongoing Contributions to the specialty, for example:
    - a. Surgical Contributions
    - b. Educational Contributions
    - c. Leadership in other plastic-surgery related organizations
    - d. Social and political contributions
  3. Previous Contributions to the Association, for example:
    - a. Committee Membership
    - b. Committee Chairmanship
    - c. Previous officer positions in the AAPS
    - d. Presentations at previous AAPS meetings
  4. Commitment to support of the objectives of the Association, including the Academic Scholar Endowment
- Any individual being proposed should have significant contributions within these areas.

As always, Dr. Susan Mackinnon, President-Elect, is eager to hear from any committee members, committee chairs or the general membership regarding potential changes to the Operations Manual. Suggested changes are collated by Dr. Mackinnon and then presented for Board ratification at the annual or mid-year board meetings.

Finally at the Association meeting, Dr. Bryant Toth will announce the John D. Constable International Traveling Fellow Program, which is being sponsored by the American Association of Plastic Surgeons. Dr. Constable will speak and will outline the process by which applications for the International Fellowship will be reviewed.

I have had a wonderful year as your President and I am always available to hear from any member regarding suggested modifications or changes.

***...the Association is hosting a Resident Poster Session and Reception, in the spirit of inclusiveness and to encourage our best and brightest residents to present their finest work along with the outstanding work presented by their senior plastic surgeon colleagues.***